



NORTH OF SCOTLAND IA  
WINTER 2020 NEWSLETTER

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Hello everyone. I hope this finds you well and managing to keep up with the ever changing restrictions we are all having to abide by just now.

I'm still going out walking but the dark nights have meant a change of route in the evenings where I'm now walking the streets of Inverurie – something my mum would never have allowed when I was younger! As I am still unable to meet my Brownies face to face I have started meeting virtually through Zoom which the girls are enjoying and the leaders are getting quite used to not having any mess to clear up after activities!

Mark continues to host monthly Zoom meetings for members who are enjoying keeping in touch virtually. If you would like to find out more about these meetings or would like to join the next meeting please email Mark at markwitt86@googlemail.com to find out more. If Zoom is not for you but you would like to chat over the phone, by text or email, please do not hesitate to get in touch with me, my contact details are above.

In the absence of sharing news about our normal social events like the quiz night, the Stoma Info Day and the New Year meal which cannot happen at present, I thought it would be a good opportunity for some of the committee members to share with you what they have been up to since lockdown:

**Glenda Stewart** As Secretary of North of Scotland IA, I usually have the Information Day to keep me busy but of course that was cancelled due to the pandemic. As one of the very many key workers I have been busy at work over the past few months. Due to restrictions I haven't been out and about as much so my husband and I have tackled some DIY and got new doors painted and installed then the garden got a bit of a makeover but not quite finished. I think the kitchen might be next on the list ... now grey units would be nice... Keep safe everyone, Glenda

**Leslie Harrold** I have been working throughout lockdown. Working at Aberdeen Galleries and Museums, we had to check all our venues every day, even though we weren't open to the public. It was quite strange being the only person in a museum and no, the artefacts don't come alive, when the public aren't there! Or at least, not that I noticed! Other than that, it's been getting used to video calls with the family! Nae good, but if we stick to the rules, we'll get through this pandemic! Leslie

**Mark Witt** Lockdown was a unique time but it had some positive points in amongst the restricted lifestyle. It was certainly a challenge teaching PE from home but one that I enjoyed. I made use of pots, pans, socks, books and cushions to allow my pupils to access PE lessons as I was unsure what, if any, sports equipment they had at home. My IT skills took a massive leap forward with the creation of my own You Tube channel for uploading my PE lessons and delivering a virtual sports day! Lockdown allowed me to spend my son's first birthday with him so that was a definite positive. As I was teaching all through lockdown I didn't quite get all those jobs done, so my garden fence still needs painting!

**Marie Milton** I haven't done anything special, just a daily walk throughout. I am on my seventh jigsaw, have watched loads of Netflix and spent lots of time in my garden. I am involved with Scouts in Cove so have set them a weekly challenge towards badge work and have held a couple of Zoom meetings with them. I have recently been interviewed by RGU health students as I am a Patient Volunteer there. I also have a weekly YouTube church service from Aberdeen South Churches. Zoom has become the new normal way to connect with people, look don't touch! Hope you are all well and safe, Marie

**Take care and stay safe everyone. Best wishes for a happy and healthy start to 2021.**

Kindest regards

Sarah Henry